

February 6th, National Frozen Yogurt Day

Reading – read the article to yourself and then aloud. Try not to insert filler words such as "um", "ah," "like". Our goal is to increase reading fluency. We can do this by reading the article aloud multiple times.

Happy National Frozen Yogurt Day! This delightful treat has a rich history dating back to ancient times when cultures like the Greeks and Romans enjoyed a similar dish made from fermented milk. However, frozen yogurt as we know it today gained popularity in the 1970s when it was introduced as a healthier alternative to ice cream. With its creamy texture and tangy flavor, frozen yogurt has become a beloved dessert worldwide.

There are countless fun ways to enjoy frozen yogurt. You can top it with fresh fruits, nuts, or granola for a nutritious twist, or indulge in sweet treats like chocolate chips and caramel sauce for a decadent experience. Frozen yogurt has evolved over the years to include dairy-free options, making it accessible to a wider audience with dietary restrictions.



Speech care at home

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Writing, spelling, & recall – Please read the questions and write the answers. You can refer to the article for help with recall and spelling as needed.

1. What is the historical origin of frozen yogurt?

2. How did frozen yogurt become popular in the 1970s?

3. What are some toppings you can add to frozen yogurt?

4. How has frozen yogurt evolved to accommodate dietary restrictions?

5. What is one reason people enjoy frozen yogurt as an alternative to ice cream?



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Sentence Completion & Naming to Description –

Please write the answer

1. Frozen _____ originated in ancient cultures like Greece and Rome, and it's known for its tangy flavor and creamy texture.
2. You can add toppings like nuts, granola, or fresh _____ to frozen yogurt, making it a nutritious treat.
3. In the 1970s, frozen yogurt gained popularity as a healthier alternative to ice _____.
4. People who are lactose intolerant can enjoy versions of this frozen yogurt that are free from _____.
5. Some people like frozen yogurt served in a sugar or waffle _____.



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* Word fluency challenge – Do you like frozen yogurt? Have you ever enjoyed it with toppings? Challenge yourself to name 5-10 toppings that someone might enjoy on frozen yogurt.

You can use an alphabet board or even the internet to help with word-finding by typing the first letter(s) into your search engine.

You can also describe what you are thinking using Alexa, the microphone feature on a search engine, Microsoft Bing, or openai.com.



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Phonological Components Analysis – Please answer the following questions about the picture.

- What is this a picture of? _____
- What sound does the word start with?
- What are other words that begin with the same sound _____

- What sound does the word end with?
- How many syllables are in the word? _____
- Can you segment the word into its separate sounds?
- What words rhyme with the pictured item?



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Semantic Feature Analysis

<u>What is it used for?</u>	<u>What does it look like?</u>
<u>Where do you find it?</u>	<u>What does it remind you of?</u>
<u>What does it do?</u>	<u>What category does it fall under?</u>

What is the item? _____

