

November 6<sup>th</sup>, National Nachos Day

Reading – read the article to yourself and then aloud. Try not to insert filler words such as "um", "ah," "like". Our goal is to reduce filler words in everyday conversation.

Nachos were invented by Ignacio "Nacho" Anaya in the small Mexican town of Piedras Negras in 1943. Ignacio was working at a restaurant called the Victory Club when a group of U.S. military wives visited. As the story goes, they wanted a snack, and Ignacio quickly improvised. He used fried tortilla chips, added melted cheddar cheese, and sliced jalapeño peppers. He named the dish "Nacho's Especiales" after himself, and it became an instant hit.

The first nachos were simple but delicious, consisting of just three main ingredients: crispy tortilla chips, melted cheddar cheese, and a little kick of heat from the jalapeños. Ignacio's invention became so popular that it eventually spread throughout Mexico and across the border into the United States, evolving into the nachos we know and love today.



Speech care at home

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Writing, spelling, & recall – Please read the questions and write the answers. You can refer to the article for help with recall and spelling as needed.

1. Where were nachos invented?
2. What prompted the invention of nachos?
3. Describe the original ingredients used in the first nachos.
4. How did Ignacio Anaya name his invention, and why?
5. How did nachos evolve and become popular in both Mexico and the United States over time?



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Sentence Completion & Naming to Description -

Please write the answer

1. Nachos are typically made with crispy \_\_\_\_\_ chips.

2. Nachos were invented in the country of \_\_\_\_\_.

3. Ignacio Anaya is known for inventing \_\_\_\_\_ in 1943.

4. What do you call a spicy condiment made of tomatoes, onions, and chiles that is often put on nachos? \_\_\_\_\_

5. Nachos may include hot chiles that cause a burning feeling in your mouth. When food has a hot kick, we say that it is \_\_\_\_\_



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\* Word fluency challenge – Can you think of nacho toppings? The possibilities are almost endless! Try to name at least 10.

You can use the internet to help with word-finding by typing the first letter(s) into Google or Bing.

You can also describe what you are thinking using Alexa, the microphone feature on a search engine, Bing chat, or openai.com.



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Phonological Components Analysis – Please answer the following questions about the picture.

- What is this a picture of? \_\_\_\_\_
- What sound does the word start with?
- What are other words that begin with the same sound \_\_\_\_\_  
\_\_\_\_\_
- What sound does the word end with?
- How many syllables are in the word? \_\_\_\_\_
- What words rhyme with the pictured item?

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### Semantic Feature Analysis

<u>What is it used for?</u>	<u>What does it look like?</u>
<u>Where do you find it?</u>	<u>What does it remind you of?</u>
<u>What does it do?</u>	<u>What category does it fall under?</u>

What is the item? \_\_\_\_\_



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